

## CT Prep Instructions

If you have any questions or experience any difficulty during your prep (becoming nauseated from the contrast, for example) Please call (775)621-5800 and ask to talk to a CT Technologist.

### CT Abdomen and / or Pelvis

Pick up prep from HDI at least one day prior to your exam. The barium contrast you have been given will taste better if refrigerated. Please be advised that the prep may cause mild to severe diarrhea. It is extremely important that you drink all of the barium, at the specified times. We realize this is a lot to drink, however, the contrast will help delineate the bowel loops from other tissue.

You may have a light meal up to 4 hours prior to your exam.

You may take your medications up to the time of your exam with as little fluid as possible.

- ABDOMEN Exam / 450ml  
Drink 300ml (approx  $\frac{3}{4}$  of the bottle) of Redicat Barium 2 hours prior to your exam.  
Save the remaining  $\frac{1}{4}$  of the bottle to drink just before your exam begins.
- PELVIS Exam OR ABDOMEN and PELVIS Exam / 900ml  
Drink one full bottle (450ml) of Redicat Barium 2 hours prior to your exam.  
Drink  $\frac{3}{4}$  of the second bottle 1 hour prior to your exam.  
Save the remaining  $\frac{1}{4}$  of your second bottle to drink just before your exam begins.
- ENTEROGRAPHY / 1350ml  
Drink two full bottles (900ml) of **Volumen** 2 hours prior to your exam.  
Drink  $\frac{3}{4}$  of the third bottle 1 hour prior to your exam.  
Save the remaining  $\frac{1}{4}$  of your third bottle to drink just before your exam begins.

**IF YOU ARE ALLERGIC TO IODINE YOU MAY NEED TO BE PREMEDICATED. PLEASE CALL HDI FOR INSTRUCTIONS 24 HOURS BEFORE YOUR EXAM.**

START DRINKING BARIUM AT: \_\_\_\_\_ AM / PM

YOUR APPOINTMENT TIME IS: \_\_\_\_\_ AM / PM